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ignorant of its great and inspiring teachings. If a knowledge of the elements of physics, chemistry, geology and biology, or that useful compound invented by Huxley and named physiography, were required from all their undergraduates by Oxford and Cambridge, all schools would follow, and soon everyone claiming to be well educated would have some acquaintance with science, and, as was most aptly said by Sir William Hunter in his recent Presidential Address to the British Association, we should not require to be told, when critical periods in our welfare as a nation arise, "that we shall muddle through somehow." I have long advocated some scientific knowledge being required for the University B.A. degree, and every year shows me more clearly its desirability and importance.

It seems to me safe to predict that the future will show that the retention by Britain of her place amongst the nations of the world will be absolutely dependent upon her youth-not only of the industrial, but also of the wealthy classesreceiving sound scientific training. It is not, I repeat, advanced science that is necessary, nor the knowledge of elaborate and abstruse scientific methods that is required, much less the learning the names of species of plants, animals and fossils, but simple elementary knowledge of Nature and acquaintance with the grand results of science.

As I have pointed out, this knowledge is at a deplorably low level in our two great Universities and at our great public schools, and as a consequence amongst the wealthy and professional classes. This must be altered or the nation will sink.

MENTAL DEVELOPMENT IN CHILDREN.*

By L. R. HOCKLEY,

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THE subject allotted to me by the committee of this union is so wide, that I find it impossible to do more than touch, in a very superficial manner, on two or three points. The consideration of the mechanism of the mind alone might well occupy our thoughts for the afternoon: the structure of the brain, the functions and nature of the numerous nerve centres, and of that complicated nervous system which sends its filaments to every part of the human body.

Passing over this part of the subject, we are confronted by the question—What is mind? And here, again, to discuss the matter fully, would presuppose both the power and the wish to spend many hours in so doing. Let me place before you briefly, two of the many theories of mind.

(1.) The Germ theory—that which regards the mind as a germ which will gradually unfold as the plant does from the seed, and which, like the plant-germ, has the power of assimilating from its environment that which will aid in its growth.

(2.) The Architectural theory—the theory which regards the mind as the result of a process of building-up, a product more of external than internal forces.

Though these theories may appear to be mutually exclusive, the one is, in reality, the complement of the other. Experience has taught us that there are certain powers which can never be implanted in mind by external forces; there must be inherent capacity. But experience has also taught us that these inherent capacities would remain to a great extent undeveloped, were no influences from without brought to bear upon them, and the mind would be largely a blank. The children's story of the hairy man, who, after long exile in a forest, had lost the power of articulate speech,

^{*}Paper read at the Cradock (S. Africa) branch of the P.N.E.U.

and almost every other trace of humanity, is no departure

Pestalozzi originated the architectural theory, and applied from the truth.

it to the problem of elementary education; and from his great and inspired work the Kindergarten system has been

gradually evolved.

But Pestalozzi was hampered by his ignorance of psychology and of the laws of logic, and by his want of scientific training; and it is to his great contemporary, Herbart, philosopher, psychologist, and teacher, that we owe the systematic expansion of the idea, and the true conception of its application to the whole sphere of education.

Here, in brief, is Herbart's conception of mind. "Mind has one original power—that of entering into relations with the external world. This power, varying in degree and form, constitutes individuality, i.e., the aptitudes (germs) of genius, inclinations, dispositions, possessed by each human being, partly inherited, partly arising from that tendency to variation, which is the law of the psychical, as well as of the physical world. But the elements of mental life are presentations, i.e., ideas presented to the mind through the senses, which, being absorbed into the mind, will continuously help to guide and determine its aftergrowth."

This theory of mind—the architectural theory—invests the office of the educator, be he parent or teacher, with an importance and responsibility not to be lightly regarded.

"If the mind," writes Herbart, "be built up of presentations, and develops one way or the other under external influence and guidance," what it receives in the form of presentations becomes a matter of great moment. And here we are brought to a consideration of the value of earliest mental training. It is, unfortunately, a somewhat common fallacy that early impressions made upon the mind are not lasting; and it is because of this mistaken notion that little children are so often allowed to see and hear that which is unsuitable to them. To the same cause I assign the negligence sometimes displayed as to books which children are allowed to read. "She does not understand it, therefore it will not hurt her," I have heard it said; but I have known of instances where indiscriminate reading on the part of the child has produced disastrous effects in the girl.

Carpenter, in his Principles of Mental Physiology, treats very powerfully of the effect of association upon mental habit, and draws attention to the "enormous practical importance of directing the preconscious activity through the physical nature," especially in the very earliest stages of infant life, when "the foundation is laid for the intellectual and moral habits of the conscious life."

MENTAL DEVELOPMENT IN CHILDREN.

I am indebted to a Kindergarten magazine for the following notes on mental development, based upon observations made on a little child from birth to the age of one year. The newly-born child has practically no mind, nor the power to use any of the senses; but during the first month of its life the senses of taste and smell, sight and hearing, begin to develop. In the second month, the child is more sensitive to sound; the eyes lose their vacant look, and observation is born. When the sixth month is reached, pleasurable emotions and grief are exhibited. In the eighth month, the first expression of displeasure is observed; in the ninth month, the power of imitation. When ten months old, the child showed memory, extending over three weeks; and, at the age of eleven months, she first spoke intelligent words. In the twelfth month she learned obedience, imagination, discrimination, reason, judgment, memory, all showed signs of activity. In broad outline, this is, I suppose, the general order of the unfolding of the baby mind, and the same order of development is observed during the first years of childhood and youth.

It is the sacred duty and privilege of those who have the charge of young children, to meet the needs of the growing intelligence with a wise and discriminating care, removing, as far as possible, every external influence which would tend to thwart its natural development, and supplying the presentations needful to build up the mind, and to construct therein the circle of thought which will later crystallize into

worthy word and action. A study of the works of Pestalozzi and Fræbel convinces one of the very great value which these pioneers in educational reform placed upon the work of the mother, in regard to early mental development. This is but one of many passages bearing on this point:—"The mother is qualified,

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and qualified by the Creator Himself, to become the principal and qualified by the Creator Himself, to become the principal agent in the development of her child . . . and what is agent in the development of her child . . . God has given to thy demanded of her is a thinking love. God has given to thy demanded all the faculties of our nature, but the grand point child all the faculties of our nature, but the grand point remains undecided—how shall this heart, this head, these remains undecided—how shall this heart, this head, the same remains undecided—how shall this heart, this head, the same remains undecided—how shall this heart, this head, the same remains undecided—how shall this heart, this head, the same remains undecided—how shall this heart, the same remains undecided—how shall this heart, the same remains undecided—how shall the same remains undecided—how shall the same remains undeci

Comenius, the educational reformer of the seventeenth century, divides the school life of a young person into four periods: the first, from infancy to the age of six years, to be spent in the "mother's lap"—the mother-school. His list of twenty different subjects to which the child is to be introduced in the mother-school is somewhat appalling, including as it does metaphysics, optics, astronomy, etc., until we see that he has only classified, and put into its true light, much which we are inclined to pass over as unimportant. The "Mother-school" of Comenius approached very nearly to the Kindergarten of Frœbel.

The education of to-day is in a distinctly better position as regards mind culture than during the first quarter of this century. Then, the science of psychology was in its infancy; now we possess a natural history of the human mind, incomplete indeed, yet capable of throwing much light on mental phenomena; and he who wills may learn.

The revolution which has taken place in educational methods during the last thirty or forty years, is due, in part, to wider knowledge of the laws which govern mental development; in part, to the practical efforts of men like Fræbel and Herbart, and, more recently, Mr. Sonnenschein and Edward Thring. Much remains to be done, and of this none are more conscious than those who are occupied with the practice, rather than with the theory, of teaching; but everywhere in the world of education there are signs of life and progress; and better systems and methods of teaching are slowly being evolved, like "the bird of wonder, the maiden Phœnix," from the ashes of the past.

Psychology does not inquire into the *nature* of mind, but into its states and operations, and the laws which govern them.

The psychologist recognizes three primary functions, or operations, of the mind:

(1.) Intellectual operations, such as perception, memory, judgment, reason.

(2.) Feeling, including all pleasurable and painful conditions of the mind.

(3.) Willing, that is, all conscious doing, together with active resolution, or effort to do.

Though these three functions are clearly marked out, and even opposed to one another in some sense, it is not to be supposed that they are independent of one another—the mind is an organic unity, and its operations are closely connected. Just as in the physical organism we find the two operations of circulation and respiration distinct, yet dependent one upon the other, so in the psychical sphere are the various mind-operations united.

Reference has already been made to the natural order of development of the intellectual faculties: First, the period of which the chief characteristic is the outer sense-life; the second period shows greater depth of perception, stronger memory, imagination; later come the power of abstract thought, reason, judgment. Intellectual culture is the aim and object of the educator, and one of the first conditions of success is that he should observe this natural order of development. Education implies the exercise of each faculty, with the purpose of strengthening it and advancing its growth.

In prescribing a progressive course of study, due regard must be paid to the order of development of faculty. Hence we find that in the lowest forms of a school the senses, chiefly, are appealed to: lessons are given in form and colour, sound and motion, to train eye and hand, ear and muscle. Stage by stage, the nature of the instruction varies, to suit the growing capacities of the child, until, in the higher forms, the subjects chiefly taught are those which exercise the judgment, the reasoning powers and the critical faculty.

And not only must there be this gradual change in the nature of that which is taught, but also in the methods of teaching. That which is suitable to the little child is unsuitable to the child of larger growth, and it must be one of the aims of the teacher to develop in the latter a self-reliance and independence of thought not to be looked for in the former. Hence the methods employed must be such as to

develop thought, concentration, the power to apply principles

to the solution of new problems, etc.

One point which the psychologist impresses on us is the folly of attempting to exercise one set of faculties for too long a time together: this produces brain-weariness and often ends in abortive efforts. It should be the teacher's care to limit the time given to the exercise of any one set of faculties, according to the age and capacity of the child. Very little children can with difficulty be led to give full attention to one subject for more than twenty minutes; the most advanced pupils should not be expected to concentrate effort in one direction for more than an hour at a time. This does not apply to subjects which are chiefly manual, such as drawing or sewing.

Different branches of study stimulate different faculties, and, consequently, work should be so arranged that the alternation of subjects which demand great mental effort, with those which are chiefly mechanical, will in itself provide

the necessary brain-rest.

The educational value of various subjects is an interesting question, but one too lengthy for discussion here. In passing, we may notice a somewhat popular theory that the value of a subject is in proportion to its practical utility. One sometimes hears the complaint that when a boy leaves school he is not ready to take up some given occupation without further training.

But the object of education is not to produce an accomplished shorthand writer or salesman, but to produce culture—that is, to bring about the complete development of the individual, the harmonious evolution of the physical and intellectual powers, of the moral and emotional natures. To secure such development, prominence must be given, amongst other things, to those studies which furnish the greatest amount of mental discipline, and provide for the best and most rational exercises of the faculties.

I fear that I have exhausted your patience, yet I am but on the outskirts of my subject, having touched upon one or two only of the laws of intellectual development. The other two functions of mind-feeling and willing-are too important to be hastily dealt with at the conclusion of an already lengthy paper; I should prefer to leave them wholly unnoticed.

"OURSELVES, OUR SOULS, AND BODIES."

Book of Common Prayer.

"Self-reverence, self-knowledge, self-control."—Tennyson.

BY THE EDITOR.

(Continued from page 55.)

THE HOUSE OF BODY.

I.

WE will first consider the Esquires of the Body; not that they are the chief Officers of State, but in Mansoul as in the world, a great deal depends upon the least important people; and the Esquires of the Body have it very much in their power to make all go right or all go wrong in Mansoul.

Their work is very necessary for the well-being of the State. They build up the Body, and they see to it that there shall always be a new Mansoul to take the place of the old when that shall pass away. If each would attend to his own business and nothing else, all would go well: but there is a great deal of rivalry in the government, and every member tries to make the Prime Minister believe that the happiness of Mansoul depends upon him. If any one of these gets things into his own hands, all is in disorder.

Esquire Hunger is the first of the appetites that comes to our notice. He is a most useful fellow. If he does not come down to breakfast in the morning, a poor meal is eaten, and neither work nor play go well in Mansoul that day. If, for weeks together, Hunger does not sit down to table, thin fingers and hollow cheeks will show you what a good servant has left his post. He is easily slighted. If people say, "I hate" bread and milk, or eggs, or mutton or what not, and think about it and think about it, Hunger is disgusted and goes. But if they sit down to their meals without thinking about what they eat, and think of something more interesting, Hunger helps them through, bit by bit, until their plates are emptied, and new material has been taken in to build up their bodies. Hunger is not at all fond of dainties. He likes things